



Life Christian Counseling Network, LLC

Clinical Excellence from a Christian Foundation

Direction for Frederick Office LCCN

Directions for I70 Eastbound coming from Frederick:

Exit 56 Patrick St. Turn left at the light on Rt 144 East. Turn left at the next light onto Springridge Parkway. Go past the WEIS shopping center on the right and turn **left** at the first stop sign onto Ridgefield Drive. Take the first left into the office complex parking lot. Turn right in the parking lot and Suite 201 is the last office on your left. There is ample free parking.

Directions for I70 Westbound coming from Mt. Airy/Columbia/Baltimore

Exit 59, Rt 144 West. Turn right at the first light onto Springridge Parkway. Go past the WEIS shopping center on the right and turn **left** at the first stop sign onto Ridgefield Drive. Take the first left into the office complex parking lot. Turn right in the parking lot and Suite 201 is the last office on your left. There is ample free parking.

Directions for I270 North coming from Germantown, Rockville, DC

In Frederick, take I70 East. Exit 56 Patrick St. Turn left at the light on Rt 144 East. Turn left at the next light onto Springridge Parkway. Go past the WEIS shopping center on the right and turn **left** at the first stop sign onto Ridgefield Drive. Take the first left into the office complex parking lot. Turn right in the parking lot and Suite 201 is the last office on your left. There is ample free parking.

Directions from Rt 15 South coming from Emmitsburg, MD and PA.

In Frederick, take I70 East. Exit 56 Patrick St. Turn left at the light on Rt 144 East. Turn left at the next light onto Springridge Parkway. Go past the WEIS shopping center on the right and turn **left** at the first stop sign onto Ridgefield Drive. Take the first left into the office complex parking lot. Turn right in the parking lot and Suite 201 is the last office on your left. There is ample free parking.

Directions from Rt 340 coming from Brunswick, MD and West Virginia

In Frederick take I270 South to I70 East towards Baltimore. Exit 56 Patrick St. Turn left at the light on Rt 144 East. Turn left at the next light onto Springridge Parkway. Go past the WEIS shopping center on the right and turn **left** at the first stop sign onto Ridgefield Drive. Take the first left into the office complex parking lot. Turn right in the parking lot and Suite 201 is the last office on your left. There is ample free parking.